## TSSC Cheshire Evening run

## Thursday 6<sup>th</sup> June 2019

0	0	Turn right out of the car park towards the Silk Road
0.5	0.5	At the roundabout, take the first exit Macclesfield A573
1.8	2.3	At the second roundabout, take the third exit for Chester A537.
		Go straight across the traffic lights, keeping in the Right Hand lane.
0.3	2.6	At the roundabout at the top of the hill, take the second exit for Chester A537
		Continue through 4 more roundabouts following Knutsford or Chester A537
1.5	4.1	At the roundabout (Shell) take the first exit B5392, Then take the first right Pexhill Road B5392
3.7	7.8	At the T junction turn left on the A34 Then immediately right Holmes Chapel B5392
2.1	9.9	Bear left onto Trap St for Swettenham Trap St becomes Long Lane
1.3	11.2	At the end of Long Lane, turn left into Congleton Road signed Swettenham Village 1
0.5	11.7	Extremely sharp right into Swettenham Lane, Swettenham Club on the left, postbox on the right
0.8	12.5	Follow Swettenham Lane, bearing left at the grass triangle. Turn right immediately after the church.

All mileages are approximate

## The Way back

0	0	Turn left out of the pub car park
		Bear right at the grass triangle, and don't take the left
		turn along the way
0.8	0.8	Extremely sharp left at the end of Swettenham Lane
		into Congleton Road
0.5	1.3	Turn right into Long Lane (which becomes Trap Street)
		Signed Lower Withington 1¼
1.3	2.6	Bear right at the end of Trap Street
2.1	4.7	At the T junction turn left on the A34
		then immediately right Macclesfield B5392
3.7	8.4	At the T junction turn left
		Then at the roundabout turn right A537 Macclesfield
		Straight across the first roundabout after that
1.5	9.9	At the second roundabout take the second exit Town
		centre A537 (first exit is the Regency Hospital!!)
		At the third roundabout take the second exit Town
		Centre A537 etc
		At the fourth roundabout take the third exit Town
		Centre A537 (Silk Road) (exit 1 is Sainsburys, exit 2 a
		small road)
0.3	10.2	At the next roundabout take the first exit, down the
		hill and across the traffic lights
		At the roundabout at the bottom is the A523 Silk Road
		Left for Stockport/Manchester
		Straight on for Whaley Bridge
		Right for Leek and Buxton

All mileages are approximate